

CLEVELAND STATE VIKINGS WRESTLING

NCAA Championships
March 20-22
University of Missouri
Scottrade Center
St. Louis, MO

2007-08 Wrestling Schedule/Results

November

3	at Eastern Michigan Open	NTS
11	at Michigan State Open	NTS
17	at Ashland Open	NTS
20	JOHN CARROLL(Alumni Day)	W, 34-3

December

2	Nittany Lion Open	NTS
15	CSU OPEN	NTS
29-30	at Midlands Invitational (at Northwestern, Evanston, Ill.)	28th, 12.5

January

	at Buffalo Duals	
5	vs. Mercyhurst	W, 19-17
	vs. West Liberty State	W, 23-16
	vs. Buffalo	L, 15-16
8	at Kent State	L, 6-25
12	EASTERN MICHIGAN	L, 12-22
	at Ashland Duals	
20	vs. Illinois	L, 0-37
	vs. Ashland	W, 21-13
	vs. Northern Illinois	L, 9-31
25	PITTSBURH*	L, 5-32

February

1	at Lock Haven*	L, 13-28
2	at Bloomsburg*	L, 12-23
9	EDINBORO*	L, 15-26
14	at Clarion*	L, 7-30
24	WEST VIRGINIA* (Sr. Day)	L, 2-32

March

8	at EWL Championships	7th, 53.0
20-22	at NCAA Championships (at St. Louis, Missouri)	All Day

All times Eastern (EST).

* Eastern Wrestling League match.

Home matches in **BOLD CAPS**.

All home matches at Woodling Gymnasium.

SETTING THE SCENE: NCAA Qualifiers Marcus Effner (26-11 at 165 pounds) and Rashard Goff (20-11 at 285) will travel to St. Louis for the NCAA Division I Wrestling Championship, held at the Scottrade Center at the University of Missouri, in St. Louis from March 20-22. Both Effner and Goff were voted into the national championship meet as wild cards following the EWL Tournament.

Schedule of Events:

Thursday, March 20

Session I: 11:00 a.m.

Session II: 6:30 p.m.

Friday, March 21

Session III: 10:00 a.m.

Session IV: 6:00 p.m.

Saturday March 22

Session V: 10:00 a.m.

Grand March: 7:05-7:20

Session VI (Finals): 7:30 p.m.

RECAPING THE EWL CHAMPIONSHIPS: The Vikings finished seventh overall at the 2008 EWL Championship. The team was led by Rashard Goff, who went 2-2 on the day in finishing fourth at heavyweight to earn a wild-card selection to the NCAA Championship. Marcus Effner also earned a wild-card berth as the 165-pounder went 2-2 on the day with two major decisions to finish fifth and run his season win total to a career-high 26. Josh Palivoda tied Goff for the highest individual Viking finish as he finished fourth at 133 pounds following a 1-2 showing.

CSU AT THE NCAA CHAMPIONSHIP: CSU has had at least one NCAA Qualifier every season dating back to 1965, and at least two every season dating back to 2001. The Vikings have had a total of 124 representatives at the NCAA Championship since 1965, eight of whom have earned All-American honors. The last Viking to become an All-American was Dan Carcelli, who finished fourth at the 1995 national championship at 142 pounds.

EFFNER ON THE VIKINGS: "We have two qual-

ity wrestlers going to NAAs. Both of them have defeated nationally ranked opponents and have been nationally ranked themselves, and I'm real proud of them."

THE HEAD COACH JACK EFFNER: Only the second head wrestling coach in Cleveland State history, Jack Effner (Indiana State '86) has continued the strong tradition of Viking wrestling. He has mentored 37 NCAA qualifiers and five EWL champions during his career, while posting a dual meet record of 71-91-3 for the 10 years he has been at the helm. His most successful season was in 2002-03, when CSU went 13-6 in dual meets for the most team wins since the 1978-79 season (15-1-1). The 2002-03 squad had a school record-tying six NCAA qualifiers. The Vikings have had at least one NCAA qualifier in every season Effner has been at the helm, continuing a streak that began in 1965 (42 seasons overall). The Vikings have also excelled in the classroom under his guidance, finishing in the top 20 in the nation in grade point average for eight of the last nine seasons.

CSU Qualifiers at a Glance

Name - Yr.	Wt.	Rec.	EWL	Sel.
Marcus Effner - Jr.	165	26-11	5th	2nd
Rashard Goff - Jr.	285	20-11	4th	3rd

NCAA Qualifiers under Jack Effner (37 total)

1999 -	Phil Mansueto (125) Gerald Harris (165) Josh Didion (184)
2000 -	Russ Davie (285)
2001 -	Rocco Mansueto (125) Nick Boucher (141)
2002 -	Rocco Mansueto (125) Phil Mansueto (133) Nick Boucher (141) Gerald Harris (184)
2003 -	Rocco Mansueto (125) Phil Mansueto (133) Anthony Coleman (149) Gerald Harris (184) Stipe Miodic (197) Russ Davie (285)
2004 -	DeAngelo Penn (125) Anthony Coleman (149) Matt Kallai (174) Ron Howard (184) Joe Phillips (197) Russ Davie (285)
2005 -	Ryan Hurley (149) Marcus Effner (157) Ron Howard (184) Joe Phillips (197) Joe Dennis (285)
2006 -	David Armstrong (133) Mike Hurley (141) Ryan Hurley (149) Ron Howard (184) Rashard Goff (285)
2007 -	Ryan Hurley (149) Victor Crenshaw (157) Rashard Goff (285)
2008 -	Marcus Effner (165) Rashard Goff (285)

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Marcus Effner

Junior • 165

Garfield Hts, Ohio • Garfield Hts

2nd NCAA Bid

2007-08 Overall Record: 26-11

2007-08 Dual Record: 10-4

Career Record: 73-46

2007-08 - Junior Season

NCAA Qualifier at 165 pounds after finishing fifth at EWL Tournament....led team with a 26-11 record...recognized as CSU Athlete of the Month after going 6-2 in January, including 3-0 at the Buffalo Duals...led team with 10 dual wins and 36 dual points...won 165-pound title at Ashland Open (11/17).

2006-07 - Sophomore Season

Went 24-15, good for fourth on team in wins...went 5-1 at EWL Tournament, placing fourth at 165 pounds, narrowly missing his second NCAA qualifying berth...started year slowly but won six of his final eight matches of the season...was one of two Vikings to win matches against West Virginia, scoring a 6-4 decision over Eric Connoly (2/19)...tied for second on team with six pins.

2005-06 - Redshirt Season

Granted medical redshirt after suffering season-ending knee injury...finished with a 5-2 record...won first four matches of the season en route to a fourth place finish at the Slippery Rock Open...scored a fall in his last match of the season over Ohio State's Steve Sommer.

2004-05 - Freshman Season

Went 18-18 and was voted into the NCAA championships as a wild card after finishing fifth at the EWL Championship at 157 pounds...named EWL Wrestler of the Week after going 3-0 at Ashland Duals...finished first at Kent State Open.

Effner at a Glance

Falls.....	0
Technical Falls.....	0
Major Decisions.....	5
Decisions.....	19
Forfeit Wins.....	2
Fastest Fall.....	n/a
EWL Finish.....	5th
EWL Record.....	6-4

High School

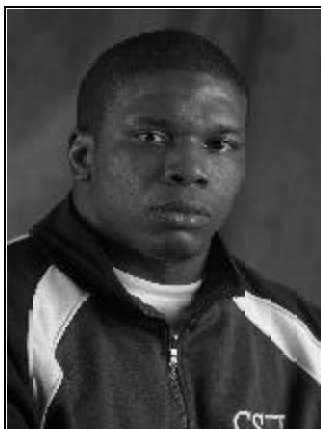
Went 42-3 en route to a state championship at 145 for Garfield Heights under coach Mike Arnold...finished eighth at high school nationals and was ranked 10th nationally in his weight class...career record of 122-33...placed sixth in the state as a junior...four-year letter winner...Plain Dealer Best of the Best award winner...first team all-conference.

Personal

Born Jan. 30, 1986 in Terry Haute, Ind...son of Lori and Jack Effner...is the second member of the Effner family to wrestler for his father...has an older brother, Jason, and a younger sister, Kayla...criminal justice major.

2007-08 Bout Results

Date (Place)	Actual Weight	Weight Class	Win	Med. For.	Loss	Opponent	School	Competition
11/11	164.70	165.00	7-2			Sherer, Joel	Manchester	MSU Open
11/11	164.70	165.00			7-6	Brown, Christopher	Old Dominion	MSU Open
11/11	164.70	165.00	7-1			Brandel, Justin	Eastern Michigan	MSU Open
11/11	164.70	165.00	9-7, SV-2			Simpson, Obie	Kent State	MSU Open
11/11	164.70	165.00			10-8	Gross, Kurt	Kent State	MSU Open
11/11	164.70	165.00	Mfor			Martin, Jason	Purdue	MSU Open (5th)
11/17	164.80	165.00	8-6			Neifeld, Brandon	West Liberty State	Ashland Open
11/17	164.80	165.00	8-3			Mahon, Mike	Notre Dame College	Ashland Open
11/17	164.80	165.00	3-2			Bradberry, Anthony	Ashland	Ashland Open
11/17	164.80	165.00	4-1			Brandel, Justin	Eastern Michigan	Ashland Open
11/17	164.80	165.00	Mfor			Keane, Kyle	Pitt-Johnstown	Ashland Open (1st)
11/20	164.40	165.00	18-6 MD			Bagnowski, Steven	John Carroll	Dual Meet
12/02	164.60	165.00	3-1			Inglin, Charles	Boston University	PSU Open
12/02	164.60	165.00	3-0			Putnam, Shawn	Rutgers	PSU Open
12/02	164.60	165.00	4-1			Chaires, Michae	Virginia	PSU Open
12/02	164.60	165.00	4-3			Lewnes, Mack	Cornell	PSU Open
12/02	164.60	165.00			6-1	Wright, Quentin	Unattached	PSU Open
12/02	164.60	165.00	Mfor (no match)			Pletcher, Matt	Rutgers	PSU Open (4th)
12/29	164.70	165.00			11-7	Kerr, Jake	Iowa	Midlands Invite
12/29	164.70	165.00	9-3			Kaisand, Darrin	Dubuque	Midlands Invite
12/29	164.70	165.00			FALL, 1:53	Linczmaier, Jesse	Northern Illinois	Midlands Invite
01/05	164.50	165.00	5-2			Harrison, Hudson	Mercyhurst	Dual Meet
01/05	164.50	165.00	13-4 MD			Phalen, Seth	West Liberty State	Dual Meet
01/05	164.50	165.00	5-3			Rendos, Scott	Buffalo	Dual Meet
01/08	164.90	165.00			9-6	Gross, Kurt	Kent State	Dual Meet
01/12	164.80	165.00	8-6			Brandel, Justin	Eastern Michigan	Dual Meet
01/20	164.90	165.00	8-3			Bradberry, Anthony	Ashland	Dual Meet
01/20	164.90	165.00			8-4	Linczmaier, Jesse	Northern Illinois	Dual Meet
01/25	164.80	165.00	3-2			Headlee, Ethan	Pittsburgh	Dual Meet
02/01	164.70	165.00	12-3 MD			Caldwell, Derek	Lock Haven	Dual Meet
02/02	164.70	165.00	3-1			Schmelyun, Rick	Bloomsburg	Dual Meet
02/09	164.90	165.00			7-2	King, Jarrod	Edinboro	Dual Meet
02/14	164.80	165.00	5-3			Ross, Dominic	Clarion	Dual Meet
02/24	164.80	165.00			5-4	Jones, Donnie	West Virginia	Dual Meet
03/08	164.90	165.00	15-5 MD			Caldwell, Derek	Lock Haven	EWL Champ.
03/08	164.90	165.00			7-4	Jones, Donnie	West Virginia	EWL Champ.
03/08	164.90	165.00			4-2	Schmelyun, Rick	Bloomsburg	EWL Champ.
03/08	164.90	165.00	13-5 MD			Caldwell, Derek	Lock Haven	EWL Champ. (5th)



Rashard Goff

Junior • 285

Brandon, Fla. • Brandon

3rd NCAA Bid

2007-08 Overall Record: 20-11

2007-08 Dual Record: 4-4

Career Record: 70-46

2007-08 - Junior Season

NCAA Qualifier as a wild card at heavyweight after finishing fourth at EWL Tournament...selection was his third consecutive...reached 70-win plateau with win over Clarion's Roman Husam at EWL Tourney (3/8)...was the 17th-ranked heavyweight in the nation going into EWL Championship...won overall title at CSU Open (12/15), going 4-0...one of four Vikings with at least 20 wins during season.

2006-07 - Sophomore Season

Voted into the NCAA Championship as a wild card selection after placing 3rd at the EWL Championships at 285...came back from first round loss to Joe Fendone of Edinboro to score a pair of tough victories for third place finish, including a win over Fendone in the consolation bracket...first round winner at NCAA Championship before losing to the eventual national champion, Cole Konrad of Minnesota, in the second round...went 1-2 overall at NCAAs...second on team in victories with 26.

2005-06 - Freshman Season

Won a match at NCAA Championship, over Matt Weight of Illinois, 4-2...runner-up at the EWL Championship, losing by one point in the championship bout to Bloomsburg's Mike Spaid...finished second on the Vikings with a 23-16 overall record and a 7-2 EWL mark...team leader with five pins...pinned Joe Zimmer of Mercyhurst in 34 seconds, his fastest career pin...placed second at the CSU Open, scoring two pins and two decisions (12/18)...sealed a comeback win for the Vikings against Pittsburgh, scoring a 4-1 decision...captured third-team All-Rookie honors from *Amateur Wrestling News*.

Goff at a Glance

Falls.....	2
Technical Falls.....	0
Major Decisions.....	3
Decisions.....	14
Forfeit Wins.....	1
Fastest Fall.....	1:12
EWL Finish.....	4th
EWL Record.....	4-5

2004-05 - Redshirt Season

Went 15-8 with seven pins while competing unattached in open competition.

High School

Won two state championships at 215 pounds at Brandon High School (FL)...went 49-1 during senior year...posted career record of 121-9...guided Brandon to team state championships in his junior and senior seasons...earned three varsity letters in football.

Personal

Born Dec. 31, 1985 in Lakeland, Florida...son of Albezine and George Goff...both parents teach at Brandon High School...has an older brother, George...public safety management major.

2007-08 Bout Results

Date	Actual Weight	Weight Class	Win	Med. For.	Loss	Opponent	School	Competition
1/17	240.50	285.00	FALL, 1:12			Dierken, David	Cumberlands	Ashland Open
1/17	240.50	285.00	FALL			DiCicco, David	Muskingum	Ashland Open
1/17	240.50	285.00	4-1			Schroeder, Wesley	Eastern Michigan	Ashland Open
1/17	240.50	285.00	Mfor			Watson, Anthony	Notre Dame College	Ashland Open
1/17	240.50	285.00			2-4	Wainwright, Cy	Newberry College	Ashland Open (2nd)
2/02	237.80	285.00	3-2 TB			Morrison, Corey	Ohio State	Penn State Open
2/02	237.80	285.00	10-2 MD			Ritter, Samuel	Princeton	Penn State Open
2/02	237.80	285.00	4-2 SV			Tighe, Stefan	Penn State	Penn State Open
2/02	237.80	285.00			4-3	Laboranti, John	Penn State	Penn State Open
2/02	237.80	285.00	2-0			Totusek, Andrew	Old Dominion	Penn State Open(3rd)
2/15	237.80	285.00	3-2			Marone, David	Virginia Tech	CSU Open
2/15	237.80	285.00	11-2 MD			Terifaj, Nick	Notre Dame College	CSU Open
2/15	237.80	285.00	4-1			Barlow, Brendan	Kent State	CSU Open
2/15	237.80	285.00	5-2			Jack, Clayton	Oregon State	CSU Open(1st)
2/29	234.60	285.00	2-0			Delonis, Alex	Harper College	Midlands Invite
2/29	234.60	285.00	9-4			Sprigg, Micheal	US Military Academy	Midlands Invite
2/29	234.60	285.00		TF, 19-4, 7:00		Fekete, Nik	Hawkeye WC	Midlands Invite
2/29	234.60	285.00			9-2	Walker, Patrick	Liberty	Midlands Invite
1/12	234.50	285.00	3-0			Wade, David	Eastern Michigan	Dual Meet
1/20	233.80	285.00			3-0	Wise, John	Illinois	Dual Meet
1/20	233.80	285.00	6-5			Kent, Ray	Ashland	Dual Meet
1/20	233.80	285.00			2-1 SV	Benner, David	Northern Illinois	Dual Meet
1/25	233.20	285.00			3-2	Sheaffer, Zach	Pittsburgh	Dual Meet
2/02	235.90	285.00			5-0	Spaid, Michael	Bloomsburg	Dual Meet
2/09	233.50	285.00	4-2 SV			Fendone, Joe	Edinboro	Dual Meet
2/14	233.60	285.00	13-2 MD			Husam, Roman	Clarion	Dual Meet
2/24	232.10	285.00			2-1	Rogers, Dustin	West Virginia	Dual Meet
3/08	233.30	285.00	3-0			Fendone, Joe	Edinboro	EWL Champ.
3/08	233.30	285.00			5-1	Sheaffer, Zach	Pittsburgh	EWL Champ.
3/08	233.30	285.00			7-1	Husam, Roman	Clarion	EWL Champ.
3/08	233.30	285.00			3-0	Fendone, Joe	Edinboro	EWL Champ. (4th)

2007-08 Cleveland State Wrestling Statistics

Overall Record: 4-11, Eastern Wrestling League: 0-6

Wt.	Name	Year	W	L	Fall	TF	MD	Dec.	Forfeit
125	Matt Reynolds	Fr.	5	12	0	0	2	3	0
125	Ryan Riggs*	Sr.	12	15	0	0	1	11	0
133	Josh Palivoda	Fr.	10	21	0	2	2	6	0
133	Matt Waxman *	So.	0	6	0	0	0	0	0
141	Mike Hurley @*	Sr.	9	12	2	0	0	7	0
141	Antonio Nicholson *	Jr.	12	11	1	0	2	8	1
149/157	Dan Castillo *	So.	3	14	0	0	0	3	0
149	Ryan Hurley @*	Sr.	15	13	2	0	3	10	0
149/157	Shaun Mitchell *	So.	10	8	0	0	0	9	1
157	Mike McLaughlin*	Fr.	0	5	0	0	0	0	0
157	Robbie Michaels	Fr.	23	12	2	2	5	13	1
165	Marcus Effner *@\$	Jr.	26	11	0	0	5	19	2
165/174	Nate Kmetz	Jr.	8	9	2	0	3	2	1
174	Caleb Kennedy *	Fr.	5	11	0	0	2	3	0
174	JT Miller *	Jr.	22	18	7	1	2	11	1
184/197	Benny Balogh	So.	9	12	0	0	0	9	0
184/197	Derek Cummins	Fr.	9	24	1	0	2	6	0
184/197	Chris Hahn *	Jr.	0	1	0	0	0	0	0
197	Alek Hughes	Fr.	14	14	8	0	0	6	0
285	Rashard Goff *@\$	Jr.	20	11	2	0	3	14	1
285	Eric Schwartz *	Fr.	18	10	7	2	2	6	1
285	Jeff Schuller *	Jr.	5	4	2	0	0	3	0
Team Totals			235	254	36	7	34	149	9

* Denotes Redshirted prior to this season.

@ Denotes returning NCAA Qualifier.

\$ Denotes 2008 NCAA Qualifier.

FIRST ROUND MATCHUPS: Marcus Effner will face last year's 165-pound national champion, Mark Perry of Iowa in the first round of NCAAAs this week. Perry is the second-seeded wrestler. Meanwhile, Rashard Goff will face #6 seed Kyle Massey of Wisconsin in the first round. If Effner defeats Perry he will face either Bryon Sigmon (UNC Greensboro) or Stephen Crozier (Air Force), while Goff will face either Mike Spaid (Bloomsburg) or Levon Mock (Brown) if he defeats Massey.

LEADING THE TEAM: Junior 165-pounder Marcus Effner leads the team with a 26-11 record. He was also the team's most reliable option in dual meets, as he led the Vikings with a 10-4 dual record and 36 dual meet points.

BEEN THERE BEFORE: Heavyweight Rashard Goff has been to the NCAA Championships during the last two seasons, posting a 2-4 overall record at the championship meet. Last season he was eliminated from the championship bracket by the eventual national champion, Cole Konrad of Minnesota.

...AND SO HAS EFFNER: Effner made his first trip to the NCAA Championship as a true freshman at 157 pounds in 2005, one of five Viking qualifiers that season. Goff was redshirting that season.

BETTER THAN LAST YEAR, FOR SOME: One might say that a good argument could have been made for Effner to have made the trip to the NCAA Championship last season. He finished third at the EWL Championship, posted a 24-15 record for the year, and had a 6-3 record against EWL opponents. In 2007 only the top two finishers at the EWL Championship received automatic bids to the national championship, while previously it had been the top three finishers.

THE END OF A CAREER: Seniors Mike (141 pounds) and Ryan (149 pounds) Hurley had been planning to make their second appearance together at the NCAA Championship following this season. However, neither was able to secure a wild-card berth as each finished fifth in their respective weight classes, going 2-2 at the EWL Championship. The brothers finished their Viking careers with a collective 129 career wins.